



**Help us support our military troops during Christmas!
Here is a list of items they LOVE to receive:**

CARDS & LETTERS The troops love to hear from all of us, and mail brightens their day!

CHRISTMAS DECORATIONS

- Garland
- Plastic ornaments
- 1ft tall or smaller artificial trees
- Wrapping paper in squares
- Strands of lights
- Christmas hats
- Santa stockings

ENTERTAINMENT

- Blank note cards with envelopes (to send mail back home – NO postage required)
- Game books like crossword puzzles, etc.
- Toys:
 - Nerf footballs
 - Playing cards
 - Frisbees
 - Hacky sacks

SNACKS/FOOD They appreciate items new to market.

- Beef jerky/Slim Jims
- Granola bars & protein bars
- Herbal teas
- Pringles
- Trail mix
- Dried fruit
- Microwave popcorn
- Hostess cake products
- Instant oatmeal
- Nuts & seeds
- Dry soup and ramen noodles
- Boxed chips & crackers
- Pop-Tarts
- Ground coffee - all flavors
- Tuna & chicken in pouches or ready-to-eat kits
- Powdered drink mixes & protein powders
- Gum & hard candies (NOTHING that will melt)
- Boxed cookies (Boxed are best and NOTHING that will melt)

TOILETRIES NO AREOSOLES CAN BE MAILED and NO MEDS!

- Baby wipes
- Body wash
- Sunblock (SPF 45 or higher)
- Socks (Black & white cotton)
- Lip balm

**** ALL items need to fit into a 12 x 12 x 5 box to be shipped overseas. ****

PROHIBITED/RESTRICTED items that CANNOT be shipped:

- Chocolate
- Hand sanitizer
- fragile (glass)
- Batteries

Presented by:

